

A RTK request requires acknowledgement of receipt within five business days. The response with information is at my discretion. Someone will contact you soon to let you know if and when I will be responding.

Dr. Earl F. Metzler  
Sent from my iPad

On Apr 19, 2014, at 7:22 PM, "Gorman, Cathy" <[cathy.gorman@novartis.com](mailto:cathy.gorman@novartis.com)> wrote:

Dear Dr Metzler and School Board Members:

Attached and below is a Right to Know request. I appreciate your consideration.

In response to the information provided and under the New Hampshire Right to Know Law R.S.A. Ch. 01-A et seq., I am requesting :

- (1) a copy the parental consent and a copy of the survey provided to the parents (as required by the PPRA): Title: *THE MONITORING THE FUTURE PROJECT AFTER THIRTY-SEVEN YEARS: DESIGN AND PROCEDURES.*
- (2) I am also requesting the entire cost associated with administering this survey in the Timberlane Regional School District.
- (3) Explain how the answers will be "used by our district to determine the degree to which WE meet OUR Districts's Mission statement, specifically, "... to engage all students in challenging and relevant learning opportunities, emphasizing high aspirations and personal growth."

The following is taken from the overview of the survey :

Link to survey overview: <http://www.monitoringthefuture.org/pubs/occpapers/mtf-occ76.pdf>

**Overview and Conceptual Framework: Seniors and Young Adults**

Our measures include a wide range of behaviors, attitudes, values, experiences, plans, concerns, and general lifestyle orientations.

Survey content (not all inclusive):

- Parental awareness of drug use
- DELINQUENT AND OTHER DEVIANT BEHAVIOR
  - Theft and vandalism\*
  - Interpersonal aggression\*
  - Driving violations and accidents
  - Drunk driving and exposure to drunk driving\*
  - Violations and accidents under the influence of various drugs
  - Carrying weapons to school
- VICTIMIZATION
  - Theft and vandalism\*
  - Interpersonal aggression\*
- LIFESTYLE VALUES, ATTITUDES, BEHAVIORS

If there are any fees for searching or copying these records, please inform me if the cost will exceed \$ 50.00.

The New Hampshire Right to Know Law requires a response time of five business days. If access to the records I am requesting will take longer than this amount of time, please contact me with information about when I might expect the actual survey that will be given to the students.

Kind Regards,

Cathleen Gorman  
Sandown

# **Request**

# **#1**

Spring, 2014

Dear Parent/Guardian:

Timberlane Regional High School has been invited by the University of Michigan to participate in a nationwide survey of 10th graders, entitled *Monitoring the Future; a continuing study of American youth*. I am writing to ask your permission for your son or daughter to participate.

This annual survey, which is funded by the National Institutes of Health, has been tracking changes in the attitudes, opinions and behavior of American young people for the past 38 years. Its results are widely reported and are used by many organizations to develop better policies and programs that affect the nation's youth.

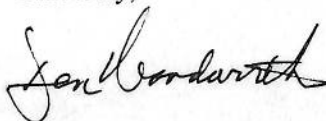
The 10th graders will be asked to complete a 45-minute questionnaire during regular school hours, which asks about school experiences, attitudes toward school and education, plans for the future, use of and attitudes about using alcohol and drugs, work experiences and preferences, and health and leisure activities. There are no questions about sexual behavior or abortion. Students are informed that their participation is voluntary and that they may skip any questions they wish. They usually find the questionnaire interesting and enjoy the opportunity to express their views. The enclosed brochure provides you with additional information about the study.

The questionnaires are anonymous—containing no names or other identifying information—and no school staff are involved in administering the questionnaires; review copies are available at the school. The school will receive a monetary contribution this year, as well as national reports from the study for each of the next three years.

We believe this study is important and worthwhile. If for any reason you do not wish your son/daughter to participate, please ask your son or daughter to return the attached slip to Mr. O'Connell by May 5<sup>th</sup>.

Thank you for your consideration.

Sincerely,



Don Woodworth, Principal

The researchers conducting the study can be contacted at the University of Michigan's Survey Research Center at (800) 766-2864. If you have questions about your rights as a research participant, or wish to obtain information, ask questions or discuss any concerns about this study with someone other than the researcher(s), please contact the University of Michigan Health Sciences and Behavioral Sciences Institutional Review Board, 540 E. Liberty St., Ste 202, Ann Arbor, MI 48104-2210, (734) 936-0933 [or toll free, (866) 936-0933], [irbhsbs@umich.edu](mailto:irbhsbs@umich.edu). IRB Number: HUM00063656. Approval Date: 8/7/2013

✂-----

IF YOU DO NOT WISH YOUR SON/DAUGHTER TO PARTICIPATE IN THIS STUDY, PLEASE ASK HIM/HER TO RETURN THIS SLIP TO MR. O'CONNELL BY May 5<sup>th</sup>.

Student's Name \_\_\_\_\_

I prefer that my son/daughter not participate in this study. \_\_\_\_\_

Parent or Guardian Signature

Date





A number of students in your school will be asked to participate in an important nationwide study.

This flyer tells you about the study and answers questions you may have.



Survey Research Center  
The University of Michigan

## What's the Study About?

Our questions will cover a wide range of issues such as education, work, use of free time, future plans, the environment, alcohol, drugs, and government policies. In all of these areas, it is important to know young people's experiences and their feelings about how things are and how things ought to be in the future. In a sense, your answers will count as a kind of vote on many of these issues.

The "votes" of all of the participants in the study, taken together, will be a very accurate indication of how all American young people feel. Next year and in the following years, other students will also be asked for their ideas on these subjects, so that we can find out how much things change from one year to the next.

## Why That Name for the Study?

We call it Monitoring the Future because we know that studying the way young people are today will tell us a lot about the way the whole nation will be tomorrow.

## Do I Have a Choice?

You certainly do! Your participation in this study is completely voluntary. After you have finished reading about the study, we think that you will agree that it is important and exciting, and that you will want to be a part of it.

## Why Should I Participate?

A lot of people think they know what young people are all about, but their impressions may be based on only a few young people they know or on newspaper headlines. More of you need to be heard.

Members of your generation have a lot to tell the rest of the country about the things you value, the problems that concern you, and some of the ways you would like to see things changed.

Besides, students say the questionnaire is interesting and they enjoy filling it out.

## Will Anyone I Know See My Answers?

No, your individual answers are never seen by anyone in your school, or anyone else who knows you. We even have a special Grant of Confidentiality from the U.S. government which permits us to protect all information gathered in the study.

## How Are the Results Used?

We believe that a study like this is successful only if it makes a difference in the way things get done. Each year, we provide the results to those who are in a position to change things. There is also an annual report to the nation as a whole which is covered by television, radio, and the press; and there are special reports to many interested groups.

Educators want to know what students say about school and their feelings about further education. National leaders will be hearing students' thoughts on government and how it's run. Community and business leaders will be learning what students have to say about their hopes for the future.

## Why My School?

In order to represent all students throughout the United States accurately, about 140 schools have been selected by scientific sampling methods at each of three grade levels—8th, 10th, and 12th grades. Your school happens to be one of those chosen.

## Who Is Doing This Study?

The University of Michigan's Survey Research Center is one of the world's largest and most respected social research organizations. It has been conducting nationwide surveys for over 60 years.

UNIVERSITY OF MICHIGAN

**Survey Research Center**

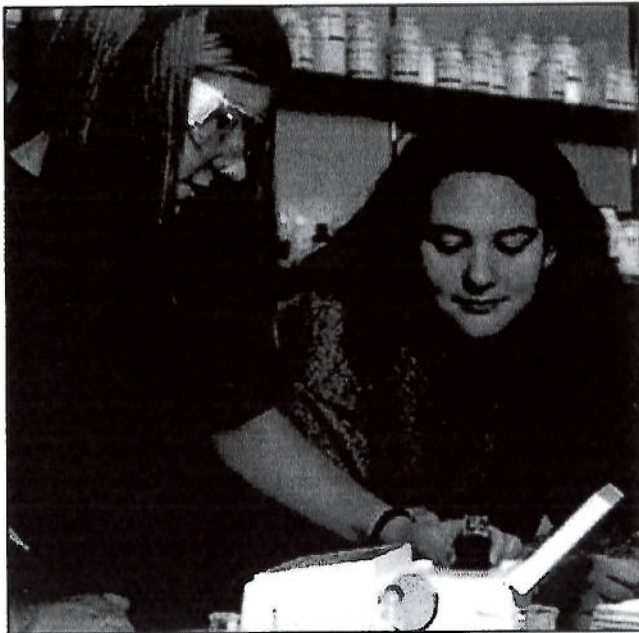
The researchers conducting  
the study can be contacted  
at 1-800-766-2864.





# Monitoring the Future

A University of Michigan study since 1975



"Respected"—U.S. News and World Report

"Reliable barometer, leading survey"—The New York Times

## Design of the Study

Each year since 1975, Monitoring the Future has surveyed a nationwide sample of high school seniors. Since 1991, the annual surveys have also included nationwide samples of 8th- and 10th-grade students. In addition, annual follow-up surveys are mailed to a sample of the seniors for a number of years after their initial participation. The Monitoring the Future project is conducted by the University of Michigan's Survey Research Center (SRC) under a series of research grants from the National Institutes of Health.

## Research Questions

The study focuses on students' experiences and views about a wide range of subjects of importance to the nation. The questions listed below provide a sampling of the kinds of issues treated in this study:

- Is there emerging a generation with fundamentally different attitudes and values? If so, what are the changes and how fast are they occurring? What are the implications of these changes for the future of our society?
- Is the social meaning of drug use, alcohol use, or cigarette smoking changing? Are patterns of use changing? What are the trends for specific substances?
- How do young people feel about the educational and economic opportunities available to them? Do they feel they are treated fairly?
- How many hours do students work? At what kinds of jobs? What effect does working have on students? And what are the trends in those effects?
- How do students spend their leisure time? Do they do more or less homework today, compared to a few years ago? Do they read less and watch more TV? What effects are changes in these activities having on students?

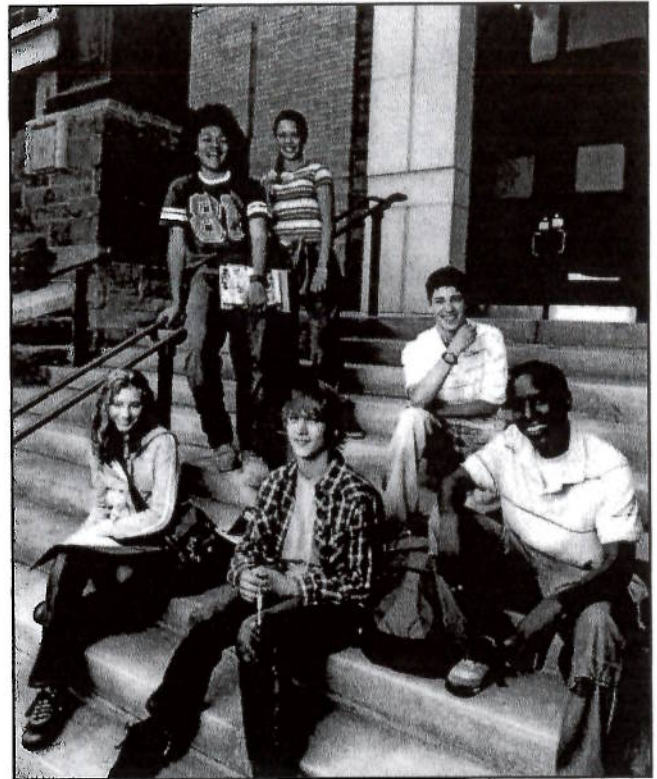
These questions are addressed annually in the school-based surveys, as well as in the follow-up surveys. Thus, four kinds of change can be identified:

- changes from one class cohort to another
- life cycle or maturational changes which show up consistently for all cohorts
- changes in particular years reflected across all age groups
- changes linked to different types of environments (high school, college, employment, etc.) or role transitions (leaving the parental home, marriage, parenthood, etc.).

## Questionnaire Administration

Students are asked to complete a self-administered, 45-minute paper and pencil questionnaire, either in their normal classroom or some other group setting. The procedures have been designed to minimize impact on the normal school day. To avoid placing any unnecessary burden on the school staff, SRC staff members conduct all questionnaire administrations. This arrangement also provides further guarantees that student responses will be kept confidential.

SRC staff members will spend no more than one day in your school, will not request access to any school records, and will ask only that the teacher be present during the administration. Our representatives will bring questionnaires and pencils to your school, distribute them to the students, and then collect the completed questionnaires.





## Dissemination of Results

Results from the Monitoring the Future Study are reported in many ways:

- Results contained in the annual reports of nationwide responses are disseminated to the news media, key decision makers in Washington, members of the education community, and interested members of the public. Each principal of a participating school receives this annual report for three years.
- The results are reported in a variety of scholarly, professional, and popular publications, such as *Developmental Psychology*, *The American Journal of Public Health*, *Public Opinion Quarterly*, *NASSP Bulletin*, *Newsweek*, *Time*, *Reader's Digest*, etc.
- The study's principal investigators have served as advisors to the White House, both Houses of Congress, the United Nations, the World Health Organization, the U.S. Department of Education, and various other agencies of government.

## Confidentiality

The identities of participating communities, schools, and students are all kept in complete confidence. Results are reported only in a statistical fashion which does not identify individual students or schools. A Grant of Confidentiality from the U.S. Department of Justice fully ensures our ability to keep the data confidential. Of course, student participation is completely voluntary.

## Sample Selection

Each year, data collections take place in about 140 public and private schools at each grade level. The schools are selected by the Sampling Section of the Survey Research Center to provide an accurate cross-section of secondary school students throughout the United States. The number of schools is deliberately kept small to limit the total demands placed on the educational community.

Within each school, up to 350 students usually are sampled. In schools with fewer than 350 students in the relevant grade, the total class is included, when feasible. In larger schools, a subset of the class is selected by sampling classrooms or by other methods convenient to the school. The total sample of students for each grade level numbers about 17,000.



## Survey Research Center

The University of Michigan's Survey Research Center has been conducting nationwide surveys of adults and young people for over 50 years. It is part of the world's largest university-based social science research organization, the Institute for Social Research. It has a worldwide reputation for its work in the fields of sociology, psychology, political science, economics, and education.

**monitoring the future**  
a continuing study of American youth

Survey Research Center  
The University of Michigan



# **Request**

## **#2**

**There is no cost associated with the administration of the “Monitoring the Future” student survey.**

# **Request**

## **#3**

## **MISSION, BELIEFS and VISION**

The mission statement answers the question, "What is the purpose of the TRSD Schools? Team 3 examined current trends and looming forces, studied the responses of more than one hundred focus group participants, reviewed existing statements of mission and beliefs and updated them to reflect 21st century demands and expectations.

The MISSION of the Timberlane Regional School District is to engage all students in challenging and relevant learning opportunities, emphasizing high aspirations and personal growth.

The statement of TRSD BELIEFS answers the question, "What are our deeply held convictions?"

We believe that education for the 21st

century includes rigorous and relevant academic,

technical and problem-solving skills that prepare students for the next level of education.

We believe that strong instructional leadership and highly qualified personnel work as colleagues to deepen knowledge and improve instructional practice, creating a rich academic environment.

We believe that a learning organization practices the sharing of knowledge, the adoption of new principles, and continuous growth.

We believe effective communication connects parents, teachers, students and the community, fostering trust and interdependence.

We believe that all members of the learning community must promote respect for self, respect for others, and respect for community.

We believe creative expression and the appreciation of the arts are essential to quality of life.

We believe all students can achieve high standards and are entitled to demonstrate their knowledge and skills in ways which recognize their individual abilities, talents, and learning styles.



We believe in modeling democracy by giving voice to all who are directly affected by the school, including students, and addressing all forms of unfairness and injustice.

We believe quality facilities matter.

**VISION answers the question, “What will the desired TRSD schools look like? What will be our sources of pride? The best way a school system can attract and retain students, remain the preferred choice among parents, and build community support, is to distinguish itself in the eyes of students, parents, the community, employers, and higher education.**

**The VISION of the Timberlane Regional School District states that the Timberlane Regional School District in partnership with the communities of Atkinson, Danville, Plaistow and Sandown will provide resources and programs designed to support students' diverse academic, social, and emotional needs. Effective and dedicated professional educators, administrators and support staff will challenge students with a rigorous curriculum that considers individual learning styles. We will be a school district of excellence that exemplifies best practices in academics, student services, facilities, safety and security. Timberlane graduates will be prepared to assume leadership roles as students in colleges and universities, as professionals in their chosen careers and as citizens in this rapidly changing world.**

## **HIGH EXPECTATIONS FOR ALL STUDENTS**

**TRSD schools will consistently provide rigorous, relevant, flexible, and engaging learning experiences for all students that are aligned with the mission, beliefs, and essential student competencies.**

**TRSD schools will lead in environmental education and energy conservation.**

**All students will achieve the academic standards set forth by the TRSD and the State of New Hampshire.**

**Student test scores will rank among the top 10 percent in the state.**

**Students will consistently receive individual and team awards in athletics, academics, and the fine and performing arts.**

**An increasing percentage of students will participate in sports, clubs, and other school activities.**

**All students will identify personal interests and pursue them actively and independently.**

**All students will volunteer service to the school and community.**

**All students will graduate with high aspirations, skills, and a plan to succeed at the next level.**

**A steadily increasing percentage of students will qualify for, and attend, post-secondary education.**

**PROFESSIONAL LEARNING COMMUNITIES:**

**TRSD schools will be staffed by well qualified, talented and committed staff.**

**TRSD staff members will be recognized as leaders in the development of Professional Learning Communities in their schools.**

**TRSD will be known for significantly reducing the time it takes to move an innovative idea to full-scale and successful implementation.**

**All schools continue to be recognized for effective parent-school-community partnerships.**



## **TECHNOLOGY**

**TRSD staff and students will be recognized for integrating technology throughout curriculum and offering 24/7/365 access to virtual learning opportunities.**

## **SCHOOL FACILITIES**

**TRSD facilities will adequately support the curriculum, current class size policy, and student enrollment; moreover, facilities will be well-maintained, safe, and comply with all fire, health and safety regulations.**

## **STUDENT COMPETENCIES FOR THE 21ST CENTURY**

**Global economic, political, social and environmental challenges mount. Knowledge expands exponentially. What 21st century world do we imagine our graduates will be living and working in, and have we wisely chosen the most essential learning outcomes to prepare them for that world?**

**Team 2 was tasked to identify essential high school graduation competencies. Team members examined or created several documents including mission, beliefs and vision statements, the Scholastic Aptitude Test report, the New England Competencies Assessment Program report, advanced placement test results, the Youth Risk Behavior survey, the My Voice Survey,**

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**On October 7, 2008, more than 100 citizens from Atkinson, Danville, Plaistow and Sandown met at the high school and weighed in on the question: "What will our children need to know to be successful in the 21st century?"**

**The emerging profile of what the 21<sup>st</sup> century learner should strive to become --- and our schools must focus on follows:**



## **1. ACADEMICS**

**1.1 Students demonstrate proficiency in academic and applied subject areas.**

**1.2 Students apply what they already know, and can do, to acquire new knowledge and develop new skills.**

**1.3 Students discuss and debate issues and events which have local and global significance.**

**1.4 Students connect knowledge and experiences from different subject areas and apply multidisciplinary thinking to solve problems (simulated and real) and complete tasks.**

## **2. LIFE-LONG LEARNING**

**2.1 Students take responsibility for their own learning and challenge their comfortable limits of thought and performance.**

**2.2 Students seek deeper understanding of topics, issues, problems, and questions that interest them. They enjoy learning.**

**2.3 Students approach unfamiliar situations with reasoning, adaptability and determination.**

**2.4 Students approach learning with an understanding of strategies that work well for them.**

**2.5 Students explore career options and pursue post high school plans with an understanding of requirements, confidence, and a strong work ethic.**

### **3. COMMUNICATION**

**3.1 Students are proficient readers, writers, researchers, speakers, and listeners.**

**3.2 Students express ideas, opinions and information with confidence and clarity, using a variety of communication tools and techniques. Distinguish fact from opinion.**

**3.3 Students are proficient in more than one language.**

#### **4. THINKING AND REASONING**

**4.1 Students use methods of inquiry and engage in real or simulated investigation characteristic of the academic area or professional discipline; for example, the scientific method.**

**4.2 Students seek and evaluate various points of view and potential consequences of alternative solutions in debate, discussion, and decision-making.**

**4.3 Students creatively connect ideas in unconventional ways to construct new insights, solutions, and inventions.**

## **5. TEAMWORK**

**5.1 Students work effectively and willingly with others in a variety of situations to complete tasks and achieve goals.**

**5.2 Students manage and evaluate their behavior as group members, recognizing the impact the individual has on the group, and the group on the individual.**

## **6. TECHNOLOGY**

**6.1 Students use technology tools and software to expedite and enhance information acquisition, quantitative and qualitative analysis, document preparation and presentation.**



## **7. PERSONAL ETHICS**

**7.1 Students act with honesty, integrity, and a strong sense of fair play.**

**7.2. Students are courteous and respectful toward others.**

**7.3. Students take responsibility for their own actions and consequences.**

## **8. LOCAL and GLOBAL CITIZENSHIP**

**8.1 Students understand and appreciate their own culture and seek to understand the perspectives, values and traditions of other cultures.**

**8.2 Students recognize mankind's interdependence with nature and seek to make a positive contribution to the lives of others and to protection of the environment.**

**8.3 Students enhance quality of life by volunteering in their school and community.**

## **9. FINE and PERFORMING ARTS**

**9.1 Students enhance quality of life by engaging in cultural and artistic activities as a spectator and participant.**

## **10. PERSONAL WELLNESS**

**10.1 Students make healthy food choices and engage in physical exercise.**

**10.2 Students recognize and avoid dangerous involvement with drugs and alcohol.**

**10.3 Students access medical and emotional support for themselves and others.**

# Monitoring the future



a continuing study of American youth

This questionnaire is part of a nationwide study of middle school, junior high, and high school students conducted each year by the University of Michigan's Institute for Social Research. The questions ask your opinions about a number of things—the way things are now and the way you think they ought to be in the future. In a sense, many of your answers on this questionnaire will count as "votes" on a wide range of important issues.

If this study is to be helpful, it is important that you answer each question as thoughtfully and frankly as possible. All your answers are completely confidential. They will never be seen by anyone who knows you, and your name will not be on the questionnaire.

This study is completely voluntary. If there is any question that you or your parents would find objectionable for any reason, just leave it blank.

Other students have said that these questionnaires are very interesting and that they enjoy filling them out. We hope you will too. Be sure to read the instructions on the other side of this cover page before you begin to answer. Thank you very much for being an important part of this project.

2014-8/10

INSTITUTE FOR SOCIAL RESEARCH/THE UNIVERSITY OF MICHIGAN/ANN ARBOR, MICHIGAN

## INSTRUCTIONS

1. This is not a test, so there are no right or wrong answers; we would like you to work fairly quickly, so that you can finish.
2. All of the questions should be answered by marking one of the answer spaces. If you don't always find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure of what it means, just leave it blank.
3. Your answers will be read automatically by a machine called an optical mark reader. Please follow these instructions carefully:

- Use only the black lead pencil you have been given.
- Make heavy black marks inside the circles.
- Erase cleanly any answer you wish to change.
- Make no other markings or comments on the answer pages, since they interfere with the automatic reading. (If you want to add a comment about any question, please use the space provided below.)

These kinds of markings  
will work: ● ● ●

These kinds of markings  
will NOT work: ⊙ ☐ ○

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(THIS SPACE FOR WRITTEN COMMENTS)



PART A

\* BEFORE BEGINNING BE SURE YOU HAVE READ THE INSTRUCTIONS ON THE COVER.

1. What is your grade level in school?

- ① 7th grade
- ② 8th grade
- ③ 9th grade
- ④ 10th grade
- ⑤ 11th grade
- ⑥ 12th grade

2. Taking all things together, how would you say things are these days—would you say you're very happy, pretty happy, or not too happy these days?

- ③ Very happy
- ② Pretty happy
- ① Not too happy

3. The next questions ask about the kinds of things you might do. How often do you do each of the following? (Mark one circle for each line.)

- Almost every day
- At least once a week
- Once or twice a month
- A few times a year
- Never

- a. Go to movies ..... ⑤ ④ ③ ② ①
- b. Go to music concerts ..... ⑤ ④ ③ ② ①
- c. Ride around in a car (or motorcycle) just for fun ..... ⑤ ④ ③ ② ①
- d. Participate in community affairs or volunteer work ..... ⑤ ④ ③ ② ①
- e. Actively participate in sports, athletics or exercising ..... ⑤ ④ ③ ② ①
- f. Get together with friends informally (in your free time) ..... ⑤ ④ ③ ② ①
- g. Go to a shopping mall ..... ⑤ ④ ③ ② ①
- h. Spend at least an hour of leisure time (free time) alone ..... ⑤ ④ ③ ② ①
- i. Read magazines ..... ⑤ ④ ③ ② ①
- j. Read newspapers ..... ⑤ ④ ③ ② ①
- k. Go to parties or other social affairs ..... ⑤ ④ ③ ② ①

4. How often do you use each of the following to get information about news and current events? (Mark one circle for each line.)

Almost every day  
At least once a week  
Once or twice a month  
A few times a year  
Never

- a. Radio ..... (5) (4) (3) (2) (1)
- b. TV ..... (5) (4) (3) (2) (1)
- c. Newspaper ..... (5) (4) (3) (2) (1)
- d. Magazines ..... (5) (4) (3) (2) (1)
- e. The Internet ..... (5) (4) (3) (2) (1)

5. How many hours do you estimate that you spend listening to music on an average DAY?

- (1) None
- (2) Half-hour or less
- (3) About one hour
- (4) About two hours
- (5) About three hours
- (6) About four hours
- (7) Five hours or more

6. How much TV do you estimate you watch on an average WEEKDAY?

- (1) None
- (2) Half-hour or less
- (3) About one hour
- (4) About two hours
- (5) About three hours
- (6) About four hours
- (7) Five hours or more

7. How much TV do you estimate you watch on an average WEEKEND (both Saturday and Sunday combined)?

- (1) None
- (2) Less than 1 hour
- (3) 1 - 2 hours
- (4) 3 - 4 hours
- (5) 5 - 6 hours
- (6) 7 - 8 hours
- (7) 9 hours or more

8. Now thinking back over the past year in school, how often did you...

Never  
Seldom  
Sometimes  
Often  
Almost Always

- a. Enjoy being in school? ..... (1) (2) (3) (4) (5)
- b. Hate being in school? ..... (1) (2) (3) (4) (5)
- c. Try to do your best work in school? ..... (1) (2) (3) (4) (5)
- d. Find the school work too hard to understand? ..... (1) (2) (3) (4) (5)
- e. Find your school work interesting? .. (1) (2) (3) (4) (5)
- f. Fail to complete or turn in your assignments? ..... (1) (2) (3) (4) (5)
- g. Get sent to the office, or have to stay after school, because you misbehaved? ..... (1) (2) (3) (4) (5)

9. On the average over the school year, how many hours per week do you work in a paid job?

- ① None
- ② 5 or less hours per week
- ③ 6 to 10 hours per week
- ④ 11 to 15 hours per week
- ⑤ 16 to 20 hours per week
- ⑥ 21 to 25 hours per week
- ⑦ 26 to 30 hours per week
- ⑧ More than 30 hours per week

10. During an average week, how much money do you get from...

- a. A job or other work? . . . .
- b. Other sources (allowances, etc.)? . . . .
- None  
\$1 - 5  
\$6 - 10  
\$11 - 20  
\$21 - 35  
\$36 - 50  
\$51 - 75  
\$76 - 125  
\$126 - 175  
\$176+

11. Which ONE of the job categories below comes closest to the kind of work you have done for pay on your current (or most recent) job? (If more than one kind of work, choose the one where you worked the most hours. Do not include work around the house.) (Mark only one circle.)

- ① Have not worked for pay
- ② Lawn or yard work
- ③ Fast food worker
- ④ Waiter or waitress
- ⑤ Other restaurant worker
- ⑥ Newspaper route
- ⑦ Babysitting or childcare
- ⑧ Farm or agricultural work
- ⑨ Store clerk or salesperson
- ⑩ Office or clerical
- ⑪ Odd jobs
- ⑫ Other

12. What is your current height (in feet and inches) without shoes?

- ① 4'5" or less
- ② 4'6"
- ③ 4'7"
- ④ 4'8"
- ⑤ 4'9"
- ⑥ 4'10"
- ⑦ 4'11"
- ⑧ 5'0"
- ⑨ 5'1"
- ⑩ 5'2"
- ⑪ 5'3"
- ⑫ 5'4"
- ⑬ 5'5"
- ⑭ 5'6"
- ⑮ 5'7"
- ⑯ 5'8"
- ⑰ 5'9"
- ⑱ 5'10"
- ⑲ 5'11"
- ⑳ 6'0"
- ㉑ 6'1"
- ㉒ 6'2"
- ㉓ 6'3"
- ㉔ 6'4"
- ㉕ 6'5"
- ㉖ 6'6"
- ㉗ 6'7" or more

13. What is your current weight (in pounds) without shoes or clothing?

- ① 80 lbs. or less
- ② 81-85
- ③ 86-90
- ④ 91-95
- ⑤ 96-100
- ⑥ 101-105
- ⑦ 106-110
- ⑧ 111-115
- ⑨ 116-120
- ⑩ 121-125
- ⑪ 126-130
- ⑫ 131-135
- ⑬ 136-140
- ⑭ 141-150
- ⑮ 151-160
- ⑯ 161-170
- ⑰ 171-180
- ⑱ 181-190
- ⑲ 191-200
- ⑳ 201-210
- ㉑ 211-220
- ㉒ 221-230
- ㉓ 231-240
- ㉔ 241-250
- ㉕ 251-260
- ㉖ 261 lbs. or more

The next questions are about feeling unsafe — that is, feeling that someone might try to harm or injure you.

14. How often do you feel unsafe when you are at school?

- ① Never
- ② Rarely
- ③ Some days
- ④ Most days
- ⑤ Every day

15. How often do you feel unsafe going to or from school?

- ① Never
- ② Rarely
- ③ Some days
- ④ Most days
- ⑤ Every day

16. During the LAST FOUR WEEKS, how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

- ① 0 days
- ② 1 day
- ③ 2 or 3 days
- ④ 4 or more days

17. Do you feel that the rules about student behavior in your school are generally fair and reasonable?

- ⑤ Yes
- ④ Yes, mostly
- ③ Don't know, can't say
- ② No, mostly
- ① No

18. During the LAST FOUR WEEKS, on how many days (if any) did you carry a gun to school?

- ① None
- ② One day
- ③ Two days
- ④ 3-5 days
- ⑤ 6-9 days
- ⑥ 10 or more days

19. In which competitive sports (if any) did you participate during the LAST 12 MONTHS? Include school, community, and other organized sports. (Mark all that apply)

- None
- Baseball/Softball
- Basketball
- Cheerleading/Spirit Squad
- Crew
- Cross country
- Equestrian
- Field hockey
- Football
- Golf
- Gymnastics
- Ice hockey
- Lacrosse
- Soccer
- Swimming/Diving
- Tennis
- Track & Field
- Volleyball
- Water polo
- Weight lifting
- Wrestling
- Other

20. During the LAST 7 DAYS, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you get out of breath some of the time.)

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days



21. On how many days per week (if any) have you had a physical education (P.E.) or gym class this semester? (Don't count a general health class.)

- 0 days     2 days     4 days  
 1 day     3 days     5 days

22. Individuals differ in whether or not they disapprove of people doing certain things. Do YOU disapprove of people doing each of the following?

- |   | Don't Disapprove | Disapprove | Strongly Disapprove | Can't Say, Drug Unfamiliar |
|---|------------------|------------|---------------------|----------------------------|
| a. Smoking one or more packs of cigarettes per day . . . . .                        | ①                | ②          | ③                   | ⑧                          |
| b. Using smokeless tobacco regularly . . . . .                                      | ①                | ②          | ③                   | ⑧                          |
| c. Trying marijuana once or twice . . . . .   | ①                | ②          | ③                   | ⑧                          |
| d. Smoking marijuana occasionally . . . . .   | ①                | ②          | ③                   | ⑧                          |
| e. Smoking marijuana regularly . . . . .  | ①                | ②          | ③                   | ⑧                          |
| f. Trying cocaine in powder form once or twice . . . . .                            | ①                | ②          | ③                   | ⑧                          |
| g. Taking cocaine powder occasionally . . . . .                                     | ①                | ②          | ③                   | ⑧                          |
| h. Trying "crack" cocaine once or twice . . . . .                                   | ①                | ②          | ③                   | ⑧                          |
| i. Taking "crack" cocaine occasionally . . . . .                                    | ①                | ②          | ③                   | ⑧                          |
| j. Trying one or two drinks of an alcoholic beverage (beer, wine, liquor) . . . . . | ①                | ②          | ③                   | ⑧                          |
| k. Taking one or two drinks nearly every day . . . . .                              | ①                | ②          | ③                   | ⑧                          |
| l. Having five or more drinks once or twice each weekend . . . . .                  | ①                | ②          | ③                   | ⑧                          |
| m. Sniffing glue, gases, or sprays once or twice . . . . .                          | ①                | ②          | ③                   | ⑧                          |
| n. Sniffing glue, gases, or sprays regularly . . . . .                              | ①                | ②          | ③                   | ⑧                          |
| o. Trying heroin once or twice without using a needle . . . . .                     | ①                | ②          | ③                   | ⑧                          |
| p. Taking heroin occasionally without using a needle . . . . .                      | ①                | ②          | ③                   | ⑧                          |

23. The next questions ask for your opinions on the effects of using certain drugs and other substances. How much do you think people risk harming themselves (physically or in other ways) if they...

- |   | No Risk | Slight Risk | Moderate Risk | Great Risk | Can't Say, Drug Unfamiliar |
|---|---------|-------------|---------------|------------|----------------------------|
| a. Smoke one or more packs of cigarettes per day? .....                       | 1       | 2           | 3             | 4          | 8                          |
| b. Use smokeless tobacco regularly? .....                                     | 1       | 2           | 3             | 4          | 8                          |
| c. Try marijuana once or twice? ..  | 1       | 2           | 3             | 4          | 8                          |
| d. Smoke marijuana occasionally? .....  | 1       | 2           | 3             | 4          | 8                          |
| e. Smoke marijuana regularly? .....   | 1       | 2           | 3             | 4          | 8                          |
| f. Try cocaine in powder form once or twice? .....                            | 1       | 2           | 3             | 4          | 8                          |
| g. Take cocaine powder occasionally? .....                                    | 1       | 2           | 3             | 4          | 8                          |
| h. Try "crack" cocaine once or twice? .....                                   | 1       | 2           | 3             | 4          | 8                          |
| i. Take "crack" cocaine occasionally? .....                                   | 1       | 2           | 3             | 4          | 8                          |
| j. Try one or two drinks of an alcoholic beverage (beer, wine, liquor)? ..... | 1       | 2           | 3             | 4          | 8                          |
| k. Take one or two drinks nearly every day? .....                             | 1       | 2           | 3             | 4          | 8                          |
| l. Have five or more drinks once or twice each weekend? ..                    | 1       | 2           | 3             | 4          | 8                          |
| m. Sniff glue, gases, or sprays once or twice? .....                          | 1       | 2           | 3             | 4          | 8                          |
| n. Sniff glue, gases, or sprays regularly? .....                              | 1       | 2           | 3             | 4          | 8                          |
| o. Try heroin once or twice without using a needle? .....                     | 1       | 2           | 3             | 4          | 8                          |
| p. Take heroin occasionally without using a needle? .....                     | 1       | 2           | 3             | 4          | 8                          |
| q. Try MDMA ("Molly," "ecstasy") once or twice? .....                         | 1       | 2           | 3             | 4          | 8                          |
| r. Take MDMA ("Molly," "ecstasy") occasionally? .....                         | 1       | 2           | 3             | 4          | 8                          |

**PART B**

**The following questions are about cigarette smoking.**

**1. Have you ever smoked cigarettes?**

- ① Never—GO TO QUESTION 4
- ② Once or twice
- ③ Occasionally but not regularly
- ④ Regularly in the past
- ⑤ Regularly now

**2a. How frequently have you smoked cigarettes during the past 30 days?**

- ① Not at all
- ② Less than one cigarette per day
- ③ One to five cigarettes per day
- ④ About one-half pack per day
- ⑤ About one pack per day
- ⑥ About one and one-half packs per day
- ⑦ Two packs or more per day

**2b. Have you ever tried to stop smoking and found that you could not?**

- ① Yes
- ② No

**3. What brand of cigarettes do you usually smoke?**

(Brands are in alphabetical order. Mark only one.)

- |                                       |                                |                                      |
|---------------------------------------|--------------------------------|--------------------------------------|
| <input type="radio"/> American Spirit | <input type="radio"/> GPC      | <input type="radio"/> Pall Mall      |
| <input type="radio"/> Basic           | <input type="radio"/> Kent     | <input type="radio"/> Parliament     |
| <input type="radio"/> Benson & Hedges | <input type="radio"/> Kool     | <input type="radio"/> Salem          |
| <input type="radio"/> Black & Whites  | <input type="radio"/> Marlboro | <input type="radio"/> Virginia Slims |
| <input type="radio"/> Cambridge       | <input type="radio"/> Merit    | <input type="radio"/> Winston        |
| <input type="radio"/> Camel           | <input type="radio"/> Misty    |                                      |
| <input type="radio"/> Capri           | <input type="radio"/> Monarch  | <input type="radio"/> Other          |
| <input type="radio"/> Carlton         | <input type="radio"/> More     | <input type="radio"/> No usual brand |
| <input type="radio"/> Doral           | <input type="radio"/> Newport  |                                      |

**4. Next we want to ask you about drinking alcoholic beverages, including beer, wine, liquor, and any other beverage that contains alcohol.**

**Have you ever had any alcoholic beverage to drink—more than just a few sips?**

- ① No—GO TO QUESTION 8
- ② Yes

**5. On how many occasions have you had alcoholic beverages to drink—more than just a few sips... (Mark one circle for each line.)**

- a. ...in your lifetime? . . . . . ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? . . ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? . . . . ① ② ③ ④ ⑤ ⑥ ⑦

0 Occasions  
1-2 Occasions  
3-5 Occasions  
6-9 Occasions  
10-19 Occasions  
20-39 Occasions  
40 or More



6. Think back over the LAST TWO WEEKS. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle of beer, a wine cooler, a shot glass of liquor, a mixed drink, etc.)

- ① None
- ② Once
- ③ Twice
- ④ Three to five times
- ⑤ Six to nine times
- ⑥ Ten or more times

7. On how many occasions (if any) have you been drunk or very high from drinking alcoholic beverages...

- 0 Occasions
- 1-2 Occasions
- 3-5 Occasions
- 6-9 Occasions
- 10-19 Occasions
- 20-39 Occasions
- 40 or More

- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .... ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? ..... ① ② ③ ④ ⑤ ⑥ ⑦

8. The next major section of this questionnaire deals with various other drugs. There is a lot of talk about this subject, but not enough accurate information. Therefore, we still have a lot to learn about the actual experiences and attitudes of people your age.

We hope that you can answer all of the questions, but if you find one that you feel you cannot answer honestly, just leave it blank.

Remember that your answers will be kept strictly confidential; they are never connected with your name or your class.

On how many occasions (if any) have you used marijuana (weed, pot) or hashish (hash, hash oil)...

- 0 Occasions
- 1-2 Occasions
- 3-5 Occasions
- 6-9 Occasions
- 10-19 Occasions
- 20-39 Occasions
- 40 or More

- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .... ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? ..... ① ② ③ ④ ⑤ ⑥ ⑦

9. On how many occasions (if any) have you used LSD ("acid")...

- 0
- 1-2
- 3-5
- 6-9
- 10-19
- 20-39
- 40 +

- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .... ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? ..... ① ② ③ ④ ⑤ ⑥ ⑦

10. On how many occasions (if any) have you used hallucinogens other than LSD (like PCP, mescaline, peyote, "shrooms" or psilocybin)...

- 0 1-2 3-5 6-9 10-19 20-39 40+
- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .... ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? ..... ① ② ③ ④ ⑤ ⑥ ⑦

11. On how many occasions (if any) have you used "crack" (cocaine in chunk or rock form)...

- 0 1-2 3-5 6-9 10-19 20-39 40+
- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .... ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? ..... ① ② ③ ④ ⑤ ⑥ ⑦

12. On how many occasions (if any) have you used cocaine in any other form (like cocaine powder)...

- 0 1-2 3-5 6-9 10-19 20-39 40+
- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .... ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? ..... ① ② ③ ④ ⑤ ⑥ ⑦

13. Amphetamines and other stimulant drugs are sometimes prescribed by doctors for people who have trouble paying attention, are hyperactive, have ADHD, or have trouble staying awake. They are sometimes called uppers, ups, pep pills, and include drugs like Adderall and Ritalin. Drugstores are not supposed to sell them without a prescription from a doctor.

They do NOT include any nonprescription drugs such as over-the-counter diet pills or stay-awake pills.

On how many occasions (if any) have you taken amphetamines or other prescription stimulant drugs on your own—that is, without a doctor telling you to take them...

- 0 Occasions  
1-2 Occasions  
3-5 Occasions  
6-9 Occasions  
10-19 Occasions  
20-39 Occasions  
40 or More
- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .... ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? ..... ① ② ③ ④ ⑤ ⑥ ⑦





14. Sedatives, including barbiturates, are sometimes prescribed by doctors to help people relax or get to sleep. They are sometimes called downs or downers, and include phenobarbital, Ambien, Lunesta, and Sonata.

On how many occasions (if any) have you taken sedatives on your own—that is, without a doctor telling you to take them...

- a. ...in your lifetime? ..... 0 1-2 3-5 6-9 10-19 20-39 40+  
① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

15. Tranquilizers are sometimes prescribed by doctors to calm people down, quiet their nerves, or relax their muscles. Librium, Valium, and Xanax are all tranquilizers.

On how many occasions (if any) have you taken tranquilizers on your own—that is, without a doctor telling you to take them...

- a. ...in your lifetime? ..... 0 1-2 3-5 6-9 10-19 20-39 40+  
① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

16. On how many occasions (if any) have you taken heroin using a needle...

- a. ...in your lifetime? ..... 0 1-2 3-5 6-9 10-19 20-39 40+  
① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

17. On how many occasions (if any) have you taken heroin WITHOUT using a needle...

- a. ...in your lifetime? ..... 0 1-2 3-5 6-9 10-19 20-39 40+  
① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

18. On how many occasions (if any) have you used MDMA ("Molly," "ecstasy")...

0 Occasions  
1-2 Occasions  
3-5 Occasions  
6-9 Occasions  
10-19 Occasions  
20-39 Occasions  
40 or More

- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

19. Anabolic steroids are prescription drugs sometimes prescribed by doctors to treat certain conditions. Some athletes, and others, have used them to try to increase muscle development.

On how many occasions (if any) have you taken steroids on your own—that is, without a doctor telling you to take them...

0  
1-2  
3-5  
6-9  
10-19  
20-39  
40 +

- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

20. On how many occasions (if any) have you taken any drugs other than heroin by injection with a needle (like cocaine, amphetamines, or steroids)...

Do NOT include anything you took under a doctor's orders.

0  
1-2  
3-5  
6-9  
10-19  
20-39  
40 +

- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

21. On how many occasions (if any) have you used methamphetamine (meth, speed, crank, crystal meth) by any method...

0  
1-2  
3-5  
6-9  
10-19  
20-39  
40 +

- a. ...in your lifetime? ..... ① ② ③ ④ ⑤ ⑥ ⑦
- b. ...during the last 12 months? .. ① ② ③ ④ ⑤ ⑥ ⑦
- c. ...during the last 30 days? .... ① ② ③ ④ ⑤ ⑥ ⑦

## PART C

The next questions ask for some background information about yourself.

### 1. In what year were you born?

- 1 Before '96     3 1997     5 1999     7 2001  
 2 1996     4 1998     6 2000     8 After 2001

### 2. In what month were you born?

- 1 January     4 April     7 July     10 October  
 2 February     5 May     8 August     11 November  
 3 March     6 June     9 September     12 December

### 3. What is your sex?

- 1 Male     2 Female

### 4. How do you describe yourself?

(Select one or more responses.)

- Black or African American  
 Mexican American or Chicano  
 Cuban American  
 Puerto Rican  
 Other Hispanic or Latino  
 Asian American  
 White (Caucasian)  
 American Indian or Alaska Native  
 Native Hawaiian or Other Pacific Islander

### 5. What was the first language you spoke when you were a child? (Mark only one circle.)

- 1 English  
 2 Spanish  
 3 Other

### 6. Where are you living now?

- 1 On a farm  
 2 In the country, not on a farm  
 3 In a city or town

### 7. Which of the following people live in the same household with you? (Mark all that apply.)

- Father (or stepfather)     Grandparent(s)  
 Mother (or stepmother)     Other relative(s)  
 Brothers (or stepbrothers)     Non-relative(s)  
 Sisters (or stepsisters)     I live alone

### 8. On average, how much time do you spend after school each day at home with no adult present? (Count the hours between the end of school and when you go to bed.)

- 1 None or almost none     4 2-3 hours  
 2 Less than 1 hour     5 3-5 hours  
 3 1-2 hours     6 More than 5 hours

The next three questions ask about your parents. If you were raised mostly by foster parents, stepparents or others, answer for them. For example, if you have both a stepfather and a natural father, answer for the one that was the most important in raising you.

**9. What is the highest level of schooling your father completed?**

- ① Completed grade school or less
- ② Some high school
- ③ Completed high school
- ④ Some college
- ⑤ Completed college
- ⑥ Graduate or professional school after college
- ⑦ Don't know, or does not apply

**10. What is the highest level of schooling your mother completed?**

- ① Completed grade school or less
- ② Some high school
- ③ Completed high school
- ④ Some college
- ⑤ Completed college
- ⑥ Graduate or professional school after college
- ⑦ Don't know, or does not apply

**11. Does your mother have a paid job?**

- ① No
- ② Yes, part-time job
- ③ Yes, full-time job

**12. The next three questions are about religion.**

**a. What is your religious preference?**

- |   |  |
|---|--|
| <input type="radio"/> Baptist                 | <input type="radio"/> Eastern Orthodox       |
| <input type="radio"/> Methodist               | <input type="radio"/> Latter-day Saints      |
| <input type="radio"/> Lutheran                | <input type="radio"/> Other Christian        |
| <input type="radio"/> Presbyterian            | <input type="radio"/> Unitarian Universalist |
| <input type="radio"/> Episcopal               | <input type="radio"/> Jewish                 |
| <input type="radio"/> United Church of Christ | <input type="radio"/> Muslim                 |
| <input type="radio"/> Churches of Christ      | <input type="radio"/> Buddhist               |
| <input type="radio"/> Disciples of Christ     | <input type="radio"/> Other Religion         |
| <input type="radio"/> Catholic                | <input type="radio"/> None                   |

**b. How often do you attend religious services?**

- ① Never
- ② Rarely
- ③ Once or twice a month
- ④ About once a week or more



13. How important is religion in your life?

- ① Not important
- ② A little important
- ③ Pretty important
- ④ Very important

The next questions are about your experiences in school.

14. Which of the following best describes your average grade in this school year?

- ⑨ A (93-100)
- ⑧ A- (90-92)
- ⑦ B+ (87-89)
- ⑥ B (83-86)
- ⑤ B- (80-82)
- ④ C+ (77-79)
- ③ C (73-76)
- ② C- (70-72)
- ① D (69 or below)

15. Which of the following best describes your present (or expected) high school program?

- ① Academic or college prep
- ② General
- ③ Vocational, technical, or commercial
- ④ Other, or don't know

16. About how many hours do you spend in an average week on all of your homework including both in school and out of school?

- ① 0 hours
- ② 1-4 hours
- ③ 5-9 hours
- ④ 10-14 hours
- ⑤ 15-19 hours
- ⑥ 20-24 hours
- ⑦ 25 or more hours

17. How likely is it that you will do each of the following things? (Mark one circle for each line.)

- a. Graduate from high school ..... ① ② ③ ④
- b. Go to a technical or vocational school after high school ..... ① ② ③ ④
- c. Go to college ..... ① ② ③ ④
- d. Graduate from college (four-year program) ..... ① ② ③ ④
- e. Serve in the armed forces ..... ① ② ③ ④

Definitely Won't  
Probably Won't  
Probably Will  
Definitely Will

18. How often do you think about your future beyond high school?

- ① Never
- ② Seldom
- ③ Sometimes
- ④ Often

19. Which best describes your plans after high school?

- ① I have no idea what I will do.
- ② I have a few ideas about what I might do.
- ③ I know pretty well what I will do.
- ④ I know exactly what I will do.

20. During the LAST FOUR WEEKS, how many whole days of school have you missed...

- a. Because of illness ..... 

	None	1 Day	2 Days	3 Days	4 to 5 Days	6 to 10 Days	11 or More
①	②	③	④	⑤	⑥	⑦	
- b. Because you skipped or "cut" .. 

①	②	③	④	⑤	⑥	⑦
---	---	---	---	---	---	---
- c. For other reasons ..... 

①	②	③	④	⑤	⑥	⑦
---	---	---	---	---	---	---

21. During the LAST FOUR WEEKS, how often have you gone to school, but skipped a class when you weren't supposed to?

- ① Not at all
- ② 1 or 2 times
- ③ 3-5 times
- ④ 6-10 times
- ⑤ 11-20 times
- ⑥ More than 20 times

22. Have you ever had to repeat a grade in school?

- ① No
- ② Yes, one time
- ③ Yes, two or more times

23. Did you ever attend summer school to make up for poor grades or to keep from being held back?

- ① No
- ② Yes, one summer
- ③ Yes, two summers
- ④ Yes, three or more summers

24. Have you ever been suspended or expelled from school?

- ① No
- ② Yes, one time
- ③ Yes, two or more times

25. Have any of your friends dropped out of school?

- ① None
- ② A few
- ③ Some
- ④ Most or all



**26. During a typical week, on how many evenings do you go out for fun and recreation? (Don't count things you do with your parents or other adult relatives.)**

- ① Less than one evening per week
- ② One evening
- ③ Two evenings
- ④ Three evenings
- ⑤ Four or five evenings
- ⑥ Six or seven evenings per week

**27. On the average, how often (if ever) do you go out with a date?**

- ① Never
- ② Once a month or less
- ③ 2 or 3 times a month
- ④ Once a week
- ⑤ 2 or 3 times a week
- ⑥ Over 3 times a week

**28. How often do your parents (or stepparents or guardians) do the following?**

- Never*  
*Rarely*  
*Sometimes*  
*Often*
- a. Check on whether you have done your homework ..... ① ② ③ ④
  - b. Provide help with your homework when it's needed ..... ① ② ③ ④
  - c. Require you to do work or chores around the home ..... ① ② ③ ④
  - d. Limit the amount of time you can spend watching TV ..... ① ② ③ ④
  - e. Allow you to go out with friends on school nights ..... ① ② ③ ④

**29. If you were having problems in your life, do you think you would talk them over with one or both of your parents?**

- ③ Yes, for most or all problems
- ② Yes, for at least some of my problems
- ① No

**30. Other than your parents, is there at least one other adult you would feel able to talk to if you were having problems in your life?**

- ③ Yes, for most or all problems
- ② Yes, for at least some of my problems
- ① No

**31. During a typical week, how often do you have dinner with one or both of your parents?**

- ① Less than one day per week
- ② One day
- ③ Two days
- ④ Three days
- ⑤ Four or five days
- ⑥ Six or seven days per week

PART D

1. During an average week, how much do you usually drive a car, truck, motorcycle, or moped?

- ① Not at all
- ② 1 to 10 miles
- ③ 11 to 50 miles
- ④ 51 to 100 miles
- ⑤ 100 to 200 miles
- ⑥ More than 200 miles

2. When you are riding in the front passenger seat of a car, how often do you wear a seatbelt? .....

- Never
  - Seldom
  - Sometimes
  - Often
  - Always
  - Does Not Apply
- ① ② ③ ④ ⑤ ⑥

3. During the LAST TWO WEEKS, how many times (if any) have you been a passenger in a car...

a. when the driver had been drinking alcoholic beverages? .....

- None
  - Once
  - Twice
  - 3-5 Times
  - 6-9 Times
  - 10 or More
- ① ② ③ ④ ⑤ ⑥

b. when you think the driver had 5 or more drinks? .....

- ① ② ③ ④ ⑤ ⑥

4. "Energy drinks" are non-alcoholic beverages that usually contain high amounts of caffeine, including such drinks as Red Bull, Full Throttle, Monster, and Rockstar. They are usually sold in 8- or 16-ounce cans or bottles. About how many (if any) energy drinks do you drink PER DAY, on average?

- None
- Less than 1
- One
- Two
- Three
- Four
- Five or six
- 7 or more

5. Energy drinks are also sold as small "shots", that usually contain just 2 or 3 ounces. How many (if any) energy drink shots do you drink PER DAY, on average?

- None
- Less than 1
- One
- Two
- Three
- Four
- Five or six
- 7 or more

6. Regular (non-diet) soft drinks include Coke, Pepsi, Mountain Dew, Dr. Pepper, etc. How many (if any) 12-ounce cans, or bottles (or the equivalent) of regular (non-diet) soft drinks do you drink PER DAY, on average?

- None
- Less than 1
- One
- Two
- Three
- Four
- Five or six
- 7 or more

7. How many (if any) 12-ounce cans or bottles (or the equivalent) of diet soft drinks (like Diet Coke, Diet Pepsi, etc.) do you drink PER DAY, on average?

- None
- Less than 1
- One
- Two
- Three
- Four
- Five or six
- 7 or more



**8. How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some? (Mark one circle for each line.)**

Can't Say,  
Drug Unfamiliar  
Probably Impossible  
Very Difficult  
Fairly Difficult  
Fairly Easy  
Very Easy

- a. Marijuana (pot, weed) ..... ⑧ (1) (2) (3) (4) (5)
- b. LSD ..... ⑧ (1) (2) (3) (4) (5)
- c. PCP (angel dust) ..... ⑧ (1) (2) (3) (4) (5)
- d. MDMA ("Molly," "ecstasy") .... ⑧ (1) (2) (3) (4) (5)
- e. Amphetamines (uppers, speed, Adderall, Ritalin, etc.) ..... ⑧ (1) (2) (3) (4) (5)
- f. Sedatives/barbiturates (downers) ..... ⑧ (1) (2) (3) (4) (5)
- g. Tranquilizers (Librium, Valium, Xanax, etc.) ..... ⑧ (1) (2) (3) (4) (5)
- h. "Crack" cocaine ..... ⑧ (1) (2) (3) (4) (5)
- i. Cocaine in powder form ..... ⑧ (1) (2) (3) (4) (5)
- j. Heroin ..... ⑧ (1) (2) (3) (4) (5)
- k. Some other narcotic (codeine, Vicodin, OxyContin, Percocet, etc.) ..... ⑧ (1) (2) (3) (4) (5)
- l. Crystal meth ("ice") ..... ⑧ (1) (2) (3) (4) (5)
- m. Steroids (anabolic steroids) ... ⑧ (1) (2) (3) (4) (5)
- n. Cigarettes ..... ⑧ (1) (2) (3) (4) (5)
- o. Alcohol ..... ⑧ (1) (2) (3) (4) (5)

**9. Have you ever taken or used smokeless tobacco (chewing tobacco, snuff, plug, dipping tobacco, snus, dissolvable tobacco)?**

- ① Never
- ② Once or twice
- ③ Occasionally but not regularly
- ④ Regularly in the past
- ⑤ Regularly now

**10. How often have you taken smokeless tobacco during the past 30 days?**

- ① Not at all
- ② Once or twice
- ③ Once or twice per week
- ④ Three to five times per week
- ⑤ About once a day
- ⑥ More than once a day

11. When (if ever) did you FIRST do each of the following things? Don't count anything you took because a doctor told you to. (Mark one circle for each line.)

- |    |   |     |                  |     |         |     |         |     |         |  |         |  |                    |  |                      |
|----|---|-----|------------------|-----|---------|-----|---------|-----|---------|--|---------|--|--------------------|--|----------------------|
|    | Never   |     | Grade 4 or below |     | Grade 5 |     | Grade 6 |     | Grade 7 |  | Grade 8 |  | Grade 9 (Freshman) |  | Grade 10 (Sophomore) |
| a. | Smoke your first cigarette                          | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| b. | Smoke cigarettes on a daily basis                   | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| c. | Try an alcoholic beverage—more than just a few sips | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| d. | Drink enough to feel drunk or very high             | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| e. | Try marijuana or hashish                            | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| f. | Try "crack" cocaine                                 | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| g. | Try cocaine in powder form                          | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| h. | Sniff glue, gases, or sprays to get high            | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |
| i. | Try steroids (anabolic steroids)                    | (8) | (1)              | (2) | (3)     | (4) | (5)     | (6) | (7)     |  |         |  |                    |  |                      |

12. For each of the following drugs, was there ever a time in your life when you tried to quit or reduce your use and had difficulty doing so?

- |    |                                 |            |     |     |  |     |
|----|---------------------------------|------------|-----|-----|--|-----|
|    |                                 | Never Used |     | No  |  | Yes |
| a. | Cigarettes                      | (8)        | (1) | (2) |  |     |
| b. | Alcohol                         | (8)        | (1) | (2) |  |     |
| c. | Marijuana                       | (8)        | (1) | (2) |  |     |
| d. | Cocaine ("crack," powder, etc.) | (8)        | (1) | (2) |  |     |
| e. | Heroin                          | (8)        | (1) | (2) |  |     |
| f. | Any other illegal drugs         | (8)        | (1) | (2) |  |     |

13. During the LAST 12 MONTHS, how often (if ever) have you used marijuana or any other drugs (like cocaine, amphetamines, etc.) in each of the following places?

- |    |   |            |     |           |     |           |  |                 |
|----|---|------------|-----|-----------|-----|-----------|--|-----------------|
|    |   | Not at All |     | 1-2 Times |     | 3-5 Times |  | 6 or More Times |
| a. | At your home                              | (1)        | (2) | (3)       | (4) |           |  |                 |
| b. | At friends' houses                        | (1)        | (2) | (3)       | (4) |           |  |                 |
| c. | At a school dance, a game, or other event | (1)        | (2) | (3)       | (4) |           |  |                 |



- Not at All  
1-2 Times  
3-5 Times  
6 or More Times
- d. At school during the day ..... ① ② ③ ④
  - e. Near school ..... ① ② ③ ④
  - f. In a car ..... ① ② ③ ④
  - g. At a party ..... ① ② ③ ④
  - h. At a park or beach ..... ① ② ③ ④

Lately there has been some attention paid to certain drugs.

**14. During the LAST 12 MONTHS, on how many occasions (if any) have you...**

- 0   1-2   3-5   6-9   10-19   20-39   40+
- a. ...taken "andro" (androstenedione, nonprescription steroid) ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - b. ...taken creatine (amino acid used to build muscles) ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - c. ...taken Ritalin (without a doctor's orders) ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - d. ...taken Adderall (without a doctor's orders) ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - e. ...taken OxyContin (without a doctor's orders) ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - f. ...taken Vicodin (without a doctor's orders) ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - g. ...taken a nonprescription cough or cold medicine ("robos," "DXM," etc.) to get high ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - h. ...taken Salvia ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - i. ...taken "synthetic marijuana" ("K2," "Spice") to get high ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - j. ...taken "bath salts" (synthetic stimulants) to get high ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - k. ...had an alcoholic beverage mixed with an energy drink (like Red Bull) .. ① ② ③ ④ ⑤ ⑥ ⑦
  - l. ...used dissolvable tobacco products (Ariva, Stonewall, Orbs) ..... ① ② ③ ④ ⑤ ⑥ ⑦
  - m. ...used snus (a small packet of tobacco that is put in the mouth) ..... ① ② ③ ④ ⑤ ⑥ ⑦

15. How likely is it that you will use marijuana in the next 12 months?

- ① Definitely will—GO TO QUESTION 17 BELOW
- ② Probably will—GO TO QUESTION 17 BELOW
- ③ Probably will not
- ④ Definitely will not

16. Here are some reasons people give for not using marijuana or for stopping use.

How important is each of the following as a reason for YOU not using marijuana?

- Not At All  
Somewhat  
Very Important*
- a. Concerned about possible psychological damage ..... ① ② ③
  - b. Concerned about possible physical damage ..... ① ② ③
  - c. Concerned about getting arrested ..... ① ② ③
  - d. Concerned about becoming addicted ..... ① ② ③
  - e. It's against my beliefs ..... ① ② ③
  - f. Concerned about loss of energy or ambition ..... ① ② ③
  - g. Concerned about possible loss of control of myself ..... ① ② ③
  - h. It might lead to stronger drugs ..... ① ② ③
  - i. Not enjoyable, I wouldn't like it ..... ① ② ③
  - j. My parents would disapprove ..... ① ② ③
  - k. My boyfriend/girlfriend would disapprove ..... ① ② ③
  - l. I wouldn't like being with the people who use it ..... ① ② ③
  - m. My friends don't use it ..... ① ② ③
  - n. Too expensive ..... ① ② ③
  - o. Not available ..... ① ② ③
  - p. Don't feel like getting high ..... ① ② ③

17. Have you ever had the D.A.R.E. (Drug Abuse Resistance Education) program in school?

- ① Yes
- ② No
- ③ Not Sure



**PART E**

The next questions are about drugs that doctors sometimes prescribe for people who have problems concentrating on one task at a time (attention deficit disorder), or with being too active or too disruptive (hyperactive), or both (ADHD).

**Stimulant-type drugs** (i.e., amphetamine, methylphenidate, and pemoline) are prescribed for these conditions. These drugs include Ritalin, Adderall, Concerta, Metadate, Dexedrine, Focalin, Vyvanse, and others.

1. Have you ever taken any of these stimulant-type prescription drugs under a doctor's supervision for these conditions? [Do not count drugs that are not stimulant-type, like Strattera, Wellbutrin, Provigil, Tenex, Intuniv, or Catapres]

- ① No — GO TO QUESTION 4
- ② Yes, in the past, but not now
- ③ Yes, I take them now

2. How old were you when you first took one of these stimulant-type drugs under a doctor's supervision?

- 1-4 yrs. old       10-14
- 5-9       15+ yrs. old

3. Altogether, for about how many years have you actually taken such drugs under a doctor's supervision?

- Less than 1 yr.       2 yrs.       6-9 yrs.
- 1 year       3-5 yrs.       10 or more yrs.

4. Have you ever taken a non-stimulant-type prescription drug under a doctor's supervision for these conditions (like Strattera, Wellbutrin, Provigil, Tenex, Intuniv, or Catapres)?

- ① No    ② Yes, in the past, but not now    ③ Yes, I take them now    ④ Don't know

5. The next questions are about some things which may have happened TO YOU while you were at school (inside or outside or in a school bus).

During the LAST 12 MONTHS, how often...

- a. Has something of yours (worth under \$50) been stolen? ..... ① ② ③ ④ ⑤
- b. Has something of yours (worth over \$50) been stolen? ..... ① ② ③ ④ ⑤
- c. Has someone deliberately damaged your property (your car, clothing, etc.)? . ① ② ③ ④ ⑤
- d. Has someone injured you with a weapon (like a knife, gun, or club)? .. ① ② ③ ④ ⑤
- e. Has someone threatened you with a weapon, but not actually injured you? . ① ② ③ ④ ⑤

Not At All  
Once  
Twice  
3 or 4 Times  
5 or More Times

Not At All  
Once  
Twice  
3 or 4 Times  
5 or More Times

- f. Has someone injured you on purpose without using a weapon? ..... ① ② ③ ④ ⑤
- g. Has an unarmed person threatened you with injury, but not actually injured you? ..... ① ② ③ ④ ⑤

**6. To what extent have you participated in the following school activities during this school year?**

Not At All  
Slight  
Moderate  
Considerable  
Great

- a. School newspaper or yearbook ..... ① ② ③ ④ ⑤
- b. Music or other performing arts ..... ① ② ③ ④ ⑤
- c. Athletic teams ..... ① ② ③ ④ ⑤
- d. Other school clubs or activities ..... ① ② ③ ④ ⑤

**7. How much competition for grades is there among students at your school?**

- ① None
- ② A little
- ③ Some
- ④ Quite a bit
- ⑤ A great deal

**8. How do you think most of the students in your classes would feel if you cheated on a test?**

- ① They would like it very much
- ② They would like it
- ③ They would not care
- ④ They would dislike it
- ⑤ They would dislike it very much

**9. How do you think most of the students in your classes would feel if you intentionally did things to make your teachers angry?**

- ① They would like it very much
- ② They would like it
- ③ They would not care
- ④ They would dislike it
- ⑤ They would dislike it very much

**10. How often do you find that your friends encourage you to do things which your teachers wouldn't like?**

- ① Never
- ② Seldom
- ③ Sometimes
- ④ Often
- ⑤ Almost Always

11. How important is each of the following for being looked up to or having high status in your school?

No Importance  
Little Importance  
Moderate Importance  
Great Importance  
Very Great Importance

- a. Coming from the right family ..... ① ② ③ ④ ⑤
- b. Being a leader in student activities ..... ① ② ③ ④ ⑤
- c. Having a nice car ..... ① ② ③ ④ ⑤
- d. Getting good grades ..... ① ② ③ ④ ⑤
- e. Being a good athlete ..... ① ② ③ ④ ⑤
- f. Planning to go to college ..... ① ② ③ ④ ⑤

12. About how many hours a week do you spend using a computer to do school work?

- ① None                      ④ 3-5 hours                      ⑦ 20-29 hours
- ② Less than 1              ⑤ 6-9 hours                      ⑧ 30-39 hours
- ③ 1-2 hours                ⑥ 10-19 hours                    ⑨ 40 or more

13. Not counting work for school or a job, about how many hours a week do you spend on the internet emailing, instant messaging, gaming, shopping, searching, downloading music, etc.?

- ① None                      ④ 3-5 hours                      ⑦ 20-29 hours
- ② Less than 1              ⑤ 6-9 hours                      ⑧ 30-39 hours
- ③ 1-2 hours                ⑥ 10-19 hours                    ⑨ 40 or more

14. About how many hours a week do you spend...

None  
Less than 1  
1-2 hours  
3-5 hours  
6-9 hours  
10-19 hours  
20-29 hours  
30-39 hours  
40 or more

- a. ...playing electronic games on a computer, TV, phone, or other device? ..... ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨
- b. ...texting on a cell phone? .. ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨
- c. ...talking on a cell phone? .. ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨
- d. ...visiting social networking sites like Facebook, Twitter, Instagram, etc.? ..... ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨
- e. ...video chatting (Skype, etc.)? ..... ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨

Thank you for taking the time to answer these questions. We hope you found them interesting. We are eager to tabulate your answers along with those of other students throughout the nation.

FOR OFFICE USE ONLY	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9